DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE

FAQ PRIMARY CARE DESIGNED FOR RESIDENTS AND FELLOWS

The University of Iowa Department of Family and Community Medicine provides comprehensive primary care for house staff, including resident and fellow physicians at all years of training.

Through the **Primary Care Access for Residents (PCAR)** program, Family Medicine is committed to ensuring residents and fellows have timely, convenient access to primary care throughout training. Whether you need preventive care, help managing a chronic condition, pregnancy care, mental health support, or treatment for an acute illness, our team is here to help.

We understand the demands of residency and fellowship training. To help accommodate busy schedules, Family Medicine offers dedicated appointment availability for house staff, including select appointment slots over the noon hour on designated days.

How do I make an appointment?

Call **319-384-7222** to schedule an appointment or learn more about available services. Resident and fellow physicians are automatically identified in the scheduling system as house staff members. This streamlined process helps facilitate convenient access and connection to appointment options specifically reserved for trainees through the PCAR program.

What types of preventive care do you provide?

We offer routine wellness visits, age-appropriate screenings, immunizations, and other preventive health services to help you stay healthy and identify concerns early.

Can Family Medicine help manage chronic health conditions?

Yes. Our providers offer ongoing care and medication management for chronic conditions such as high blood pressure, diabetes, asthma, and other long-term health concerns.

Do you provide pregnancy care?

Yes. We provide prenatal care and support throughout pregnancy to help ensure the health of both parent and baby.

Do you deliver babies?

Yes. Family Medicine offers low-risk obstetric care and delivery services.

Can my children receive care at Family Medicine?

Yes. We provide well-child visits, preventive care, and primary care services for infants, children, and adolescents.

What gynecologic services are available?

We offer Pap tests, contraception counseling, and a variety of contraceptive options, including birth control pills, intrauterine devices (IUDs), and Nexplanon implants.

Do you provide mental health care?

Yes. Our providers evaluate and help manage conditions such as anxiety, depression, and ADHD. When appropriate, we can also coordinate referrals for psychotherapy and other mental health services.

Can I be seen for an urgent health concern?

Yes. Same-day appointments are available for many common concerns, including cold and flu symptoms, sexually transmitted infections (STIs), urinary tract infections (UTIs), skin rashes, and other acute illnesses.

Call **319-384-7222** to arrange a time for your visit and confirm availability.

What if I need specialized care?

If additional evaluation or treatment is needed, we can coordinate referrals to specialty providers and help ensure your care is well connected across the health system.

Can Family Medicine care for my entire family?

Yes. Family Medicine provides comprehensive care for individuals and families across all stages of life, making it easy to establish care for you and your loved ones in one practice. Let your provider know during your visit that you would like to establish care for your family members and the team can help guide you through this process.

PCAR

PRIMARY CARE ACCESS FOR RESIDENTS